# Mountain Weather Forecast

## Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 06:00 on Friday 29 Sep 2023 until 23:59 on Saturday 30 Sep 2023

Forecast Issued on Friday 29 Sep 2023 at 04:09 by Met Office Aberdeen

**Confidence:** Generally high confidence, lower for exact shower detail.

**Headline for Friday 29 Sep 2023:** Frequent heavy showers and very strong winds.

**Mountain weather hazards on Friday 29 Sep 2023**

**Blizzards**
No Likelihood

**Heavy persistent snow**
No Likelihood

**Storm force winds**
Low Likelihood

**Gales**
High Likelihood

**Severe chill effect**
Low Likelihood

**Poor visibility**
Medium Likelihood

**Thunderstorms**
No Likelihood

**Heavy persistent rain**
Low Likelihood

**Strong sunlight**
No Likelihood

| **Weather and chance of precipitation at 800m** | | | | | |
|---|---|---|---|---|---|
| Time | | | | | |
| 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 |
| | | | | | |
| Heavy Rain | Heavy Rain | Heavy Rain | Light rain showers | Light rain showers | Partly cloudy (night) |
| Precipitation probability | | | | | |
| 60% | 60% | 40% | 40% | 30% | 20% |

**Forecast for Friday 29 Sep 2023**

**Weather:** Mostly cloudy with showers, some heavy, but a few clear or sunny intervals. Mostly dry by the end of the day with winds easing.

**Chance of cloud-free hill tops above 800m:** 70%

**Low Cloud and visibility:** Broken occasionally overcast at 800-1000m. Visibility moderate to poor in showers.

Check our weather forecast every day to get the most accurate and up to date information
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# Mountain Weather Forecast

**Forecast for Friday 29 Sep 2023**

| Height (m) | Wind Speed mean/gusts (mph) Wind Direction (blowing from) | | | | | | |
|---|---|---|---|---|---|---|---|
| | 06:00 | 09:00 | 12:00 | 15:00 | 18:00 | 21:00 | 00:00 |
| **1300** | 54/64 SW | 56/68 SW | 48/61 SW | 45/58 SW | 38/49 W | 31/39 W | 23/29 SW |
| **900** | 37/48 SW | 41/52 SW | 35/47 W | 33/44 W | 28/38 W | 23/31 W | 15/21 W |
| **600** | 52/61 SW | 51/61 SW | 42/53 SW | 38/49 SW | 33/43 W | 23/30 SW | 15/21 SW |
| **300** | 25/36 SW | 25/34 SW | 21/32 SW | 21/32 SW | 17/27 W | 11/17 SW | 10/15 SW |
| **Glen** | 17/33 SW | 18/36 SW | 18/35 SW | 17/34 SW | 13/27 W | 8/20 W | 5/12 SW |

| Height (m) | Temperature / Feels Like (°C) | | | | | | |
|---|---|---|---|---|---|---|---|
| **1300** | 4/-5 | 4/-4 | 4/-4 | 4/-4 | 3/-4 | 3/-4 | 3/-3 |
| **900** | 6/-1 | 7/0 | 7/1 | 7/1 | 6/0 | 6/0 | 6/2 |
| **600** | 8/2 | 9/2 | 9/3 | 9/3 | 8/3 | 8/3 | 8/4 |
| **300** | 10/6 | 11/7 | 11/8 | 11/8 | 10/7 | 10/8 | 10/8 |
| **Glen** | 12/9 | 13/10 | 14/10 | 13/10 | 12/10 | 11/10 | 11/10 |
| **Freezing Level*** | 1800m | 1800m | 1800m | 1800m | 1700m | 1700m | 1700m |

**Level above which ground is expected to be frozen/snow is expected to settle.*

**Met Office Aberdeen Meteorologist's View**
Feeling unpleasant in strong winds and heavy showers, improving through the day.

**Forecast for Saturday 30 Sep 2023**
**Weather:** A mainly dry start to the day, aside from the odd light shower, and much lighter winds. High cloud turning sunshine hazy during the morning, with rain arriving from the south later in the afternoon, continuing through the rest of the day. Winds increasing into the evening.

**Maximum wind:** Mostly light winds, increasing later in the evening to southeasterly 25-30mph gusting 40-50mph.

**Chance of cloud-free hill tops above 800m:** 90% reducing to 40% by the end of the day.

**Low Cloud and visibility:** Few or scattered cloud base 700-800m at first. Scattered or broken cloud base 600-800m by the end of the day in association with rain. Visibility generally good but moderate in rain.

**Temperature:** **Glens:** Plus 8 rising to plus 13 Celsius
**At 800m:** Plus 4 to 6 Celsius
**Freezing level:** Above summits

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